I CLAIM:

1. A method of forming a programmable conductor memory cell comprising: forming a cathode;

forming a glass electrolyte element in isolation from other active areas and in contact with the cathode;

forming an insulating layer over the glass electrolyte element;

forming an anode via in the insulating layer, thereby exposing a surface of the glass electrolyte element;

depositing a layer of spacer material that conforms to contours of the anode via and the insulating layer;

preferentially etching horizontal portions of the spacer material to expose a central portion of the surface of the glass electrolyte element; and

depositing a layer of conducting material sufficiently thick to fill the anode via and to provide a conducting layer over the insulating layer, thus forming an anode.

- 2. The method of Claim 1, wherein forming the glass electrolyte element comprises forming a germanium-selenium glass and introducing silver ions into the glass by deposition of a silver layer over the glass and subsequently diffusing silver from the silver layer into the glass.
- 3. The method of Claim 2, wherein diffusing silver into the glass comprises photodissolution.
- 4. The method of Claim 1, wherein forming the glass electrolyte element comprises forming a first germanium selenide layer, an intervening metal selenide layer over the first germanium selenide layer, and a second germanium selenide layer over the intervening metal selenide layer.
- 5. The method of Claim 1, wherein forming the insulating layer comprises depositing silicon nitride.
- 6. The method of Claim 1, wherein the anode via is formed to a width between about 200 nm and 300 nm.
- 7. The method of Claim 1, wherein depositing the layer of spacer material comprises depositing a layer of insulating material.

- 8. The method of Claim 7, wherein depositing the layer of spacer material comprises depositing a layer of silicon nitride.
- 9. The method of Claim 8, wherein the layer of spacer material is deposited to a thickness between about 5 nm and 30 nm.
- 10. The method of Claim 1, wherein preferentially etching comprises reactive ion etching.
- 11. The method of Claim 1, wherein depositing a layer of conducting material comprises depositing silver.
 - 12. A method of forming a programmable conductor memory cell comprising: forming a cathode;

forming a glass electrolyte element in isolation from other active areas and in contact with the cathode;

forming an insulating layer over the glass electrolyte element;

forming an opening in the insulating layer, to expose a surface of the glass electrolyte element; and

depositing a layer of conducting material into the opening to contact only the central portion of the surface of the glass electrolyte element, thus forming an anode.

- 13. The method of Claim 12, wherein forming the opening comprises:
 etching a via through the insulating layer;
 blanket depositing a spacer material layer; and
 preferentially etching horizontal portions of the spacer material layer to
 expose the central portion of the surface of the glass electrolyte element.
- 14. The method of Claim 13, wherein the spacer material comprises an insulating material.
 - 15. The method of Claim 12, wherein the insulating material is silicon nitride.
- 16. The method of Claim 12, wherein forming the opening in the insulating layer comprises patterning and etching using a mask with an opening smaller in width than the glass electrolyte element and having the opening arranged concentrically over the glass electrolyte element.